

## SESSION: THE GINGER BREAD MAN

### Learning Outcomes

- **UtW:** Children know that the environment and living things are influenced by human activity.
- **CL:** Children use a range of vocabulary in imaginative ways to add information and express ideas.
- **PSED:** Children are confident speaking to a class group.

### Theme:

This class will take children through the story of the Gingerbread Man. The little old lady bakes the gingerbread man and then it runs off. The Gingerbread man is chased by the little old lady and the little old man and other animals he meets along the way.

### Discussion Point 7 minutes 12 seconds

Name the characters in the Gingerbread Man

- Little old lady & little old man
- Gingerbread man
- Pig
- Cow
- Horse
- Fox

### Relaxation

Children should lay down on their back and close their eyes if they feel comfortable to do so.

If possible, turn off the lights to help with the ambience of the room.

Throughout this part, children should try to stay still and quiet and practice their breathing in through the nose and out through the mouth, this helps them to feel calm and relaxed. We will play relaxing music throughout the relaxation.

At first children may find it difficult to relax and stay still, but over the weeks you will notice the difference and the length of the relaxation will increase.

Children will listen to a lovely visualisation about a forest.