

SESSION: FUNNYBONES

Learning Outcomes

- **CL:** Children listen to instructions and follow them accurately
- **PD:** Children show good control and co-ordination in large and small movements
- **PSED:** Children are confident speaking to a class group

Theme:

This class is based on the Funnybones story; children will meet a big skeleton, little skeleton and dog skeleton and venture outside to try to find someone to scare. Children will learn about the different bones in our body and how they are connected.

Discussion Point 22 minutes 17 seconds

Name 5 animals you would find in the zoo.

There are lots of possible answers, including:

Lions, Tigers, Penguins, Giraffe, Elephants, Crocodiles, Lizards, Snakes, Bears, Monkeys etc.

Relaxation

Children should lay down on their back and close their eyes if they feel comfortable to do so.

If possible, turn off the lights to help with the ambience of the room.

Throughout this part, children should try to stay still and quiet and practice their breathing in through the nose and out through the mouth, this helps them to feel calm and relaxed. We will play relaxing music throughout the relaxation.

At first children may find it difficult to relax and stay still, but over the weeks you will notice the difference and the length of the relaxation will increase.

Children will listen to a lovely visualisation about space.